



Coogee Fast 3 Open Surf Carnival (U15's to Masters) Saturday 16th March 2019



Last Hit out before Aussies, come on down to Coogee

Since 1909 - Australia's longest running Carnival

Time	Beach (North)	Water Area 1 (Male)	Water Area 2 (Female)	Beach (South)	Category
7:00 am for 7:30am start	R&R			2km Beach Run	Youth, Opens, Masters (Final)
7:45am for 8:00am start		Ski Races Board Races Swim Races (<i>min 3 races each discipline</i>) Surf Teams	Ski Races Board Races Swim Races (<i>min. 3 races each discipline</i>) Surf Teams	All Age Relay Beach Sprints (*3 races each) Beach Relays Beach Flags	All water races ability based Youth, Opens, Masters Division 1 & 2, rolling races U15, 17, 19, Open and Masters, Must include 2 female and 2 male minimum. 12 participants in each team
9:00am					Youth, Opens, Masters Division 1 & 2
10:30am	March Past Event				
11:00am	IRB Training Display				

Dedicated trailer parking (see map at back)

Entries: \$30.00 per person, unlimited events. Late entries \$40 cash on day. March Past \$75.00 per team.

Entries via Carnival Entry System <https://carnival.sls.com.au/>. Entries close 11pm, 11th March 2019

Carnival Notes:

- Water and beach races run as Division 1 or 2, athletes to decide which one based on their ability, Enter division as part of entries.
- Races run in quick succession, minimum 3 races for water events. *Beach sprints min. 3 races (dependent on numbers)
- No medals, simply a chance to have a strong hit out before Aussies
- All Age Relay to become the signature event and prize awarded

Public Carparking available on street, however complementary dedicated trailer parking located at 21 Neptune Street, south end of Coogee. Walk to beach approx. 6-10 minutes. See map below

